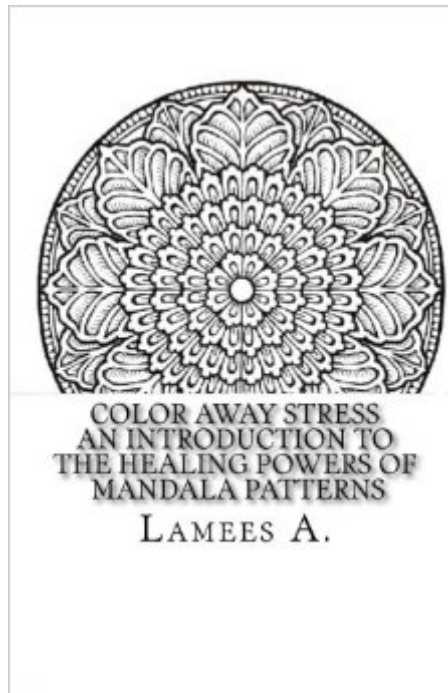# Color Away Stress: An Introduction To The Healing Powers Of Mandala Patterns (Adult Coloring Books)

Synopsis

This book introduces you to the healing powers of Mandala patterns, it will tell you what exactly is a Mandala, where do Mandalas come from, how do Mandala coloring pages activate the Mandala's healing powers and how do you unlock the healing powers of the Mandala. Coloring Adult Coloring Books & Mandala pages really reduces stress and brings happiness to your life.

Book Information

Series: Adult Coloring Books

Paperback: 42 pages

Publisher: CreateSpace Independent Publishing Platform; 1 edition (August 21, 2015)

Language: English

ISBN-10: 151700473X

ISBN-13: 978-1517004736

Product Dimensions: 5.5 x 0.1 x 8.5 inches

Shipping Weight: 3.7 ounces

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (1 customer review)

Best Sellers Rank: #3,385,223 in Books (See Top 100 in Books)   #21 inÂ Books > Arts & Photography > Graphic Design > Commercial > Science Illustration   #71 inÂ Books > Religion & Spirituality > Other Eastern Religions & Sacred Texts > Tibetan Book of the Dead   #875 inÂ Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Religious & Inspirational

Customer Reviews

I got this book and few coloring books with mandala patterns. Great information about Mandala patterns and their healing powers. I started coloring keeping in mind the impact on the mind and soul, it elevated my coloring experience.

Color Away Stress: An Introduction To The Healing Powers Of Mandala Patterns (Adult Coloring Books) Mandala Adult Coloring Book Stress Relieving Patterns Relaxation: coloring book for Adult and grown ups,Anti-Stress Art Therapy,Stress Relieving Flower Patterns Adult Coloring Book: Color Away Stress 100 Mandala Patterns Vol. 1&2 (Adult Coloring Books) Adult Coloring Book: Color Away Stress 50 Mandala Patterns Vol. 1 (Adult Coloring Books) Adult Coloring Book: Color Away Stress 100 Mandala Patterns Vol. 3&4 (Adult Coloring Books) Adult Coloring Book: Color Away Stress 50 Mandala Patterns Vol. 2 (Adult Coloring Books) Adult Coloring Book: Color Away Stress

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